

# Just Be Happy

Sounds odd, isn't it?

Actually, it became so common to be happy always, coz everywhere we are hearing the same and everyone is saying the same.

Ahhhhh, even I have started the same story, I am sorry guys....

But have we ever thought to be like that?

No, I am not talking about our happiest and cool days and those all the situations which were and are just flowing seamlessly, smoothly.

No, not those but the one which we will never forget in our life.

Yes, I buy this point actually.

If we just rewind those breathtaking incidences of our life then we learnt that the real exams do exist to be just happy in those tough and worst situations, where we actually lost our control and emotionally take such a wrong steps which we never have to.

That's true naa? We are realizing it naa? Never mind but it's actually true.....

These are not the only words for sake of saying but to live with, irrespective of any conditions, any situations.

Because real fun starts only when we survive and move further as it is happily, without losing our temper and without changing our nature/emotions as per the situations.

Just look at that water. Many things to learn from the water, really! Because, It is just flowing, just moving ahead and ahead and spread its happiness irrespective of any obstacles, any interruptions.

Moreover, it dissolves all the impurities, it dissolves everyone's sorrowful emotions and keeps itself pure and transparent. Isn't it?

Now a days, we have started comparing ourselves with others, started comparing our all the situations with others at each and every steps. Eventually, it leads us to feel jealous for someone and most of the time, we try to break out all the obstacles and unknowingly we hurt ourselves and enters into heavy depression.

But during the course, we forget to be what we are? We forget ourselves, we forget to notice ourselves and in that ignorance, actually we forget to be happy and remain happy.

We try to find happiness from all the surroundings, for all the other peoples surrounding us, from outside world but we actually forgets that our real happiness is actually lying within. It is inside our heart, it is inside our mental peace and it is actually within us, actually us only!

So let mountains to get collapse and shaken but our strong heart with strong mind should never get disturb.

For that, our emotions also should not get changed and it always remain happy, not to show someone but it should feel that immense internal happiness all the time.

Forget about everything guys, forget that you lost or gain something, forget that you missed something, don't get nervous and demotivated. Do not enter into any depression if someone moves ahead of you.

Because at the end, everyone will get their turn, you will also get your turn and eventually all the rivers will get dissolve in that ocean only irrespective of speed, strength, location, distance or all such similar.

Just be that innocent child. Just Be Happy!